



The End the Wait NOW! Campaign developed this easy reference to the manual for Services of Short Duration (SSD) that is posted on this site. Hopefully this provides the 1, 2, 3's on what and how to access SSD. Please keep checking this web site as we will post information in a user friendly format. Or contact Edward Willard at ewillard@thearecmd.org with questions or concerns.

How Do I access Services of Short Duration?

If you received a letter from the DDA stating that you are now eligible for Services of Short Duration you can complete these steps below independently or seek assistance from your resource coordinator, Low Intensity Support Services (LISS) agencies, or licensed DDA Family and Individual Support Services providers listed in the attachments:

1. Identify the service(s) and supports that you believe will address your crisis trigger.
2. Complete the Services of Short Duration Request form (available on the DDA website at www.ddamaryland.org). The form will ask you to identify what services you believe you need to address your immediate crisis and its causes (triggers).
3. Submit the Services of Short Duration Request form to a DDA LISS provider from the attached list.
4. The LISS provider will review the request form and provide assistance as needed to identify services, supports, or intervention services. They will process payment for services or supports as appropriate.

How much funding is available?

Funding up to \$10,000 per selected person is available to address the immediate crisis and its causes (triggers) during this current fiscal year (July 1, 2011 – June 30, 2012) only. Services funded before June 30, 2012, may continue into the next fiscal year, but are not available on an ongoing basis.

What to do if you are in crisis and need immediate assistance?

If you believe your situation has elevated to an active crisis, contact your Resource Coordinator or DDA Regional Office immediately for assistance. A person can request a review of their priority category at any time. DDA assesses each request for change in priority status and notifies the person of the determination and their appeal rights.

What are Services of Short Duration?

Services of Short Duration are individualized supports/services intended to prevent a crisis from happening. Services of Short Duration should be individualized, simple, meaningful, and address the immediate crisis need and help avoid crises in the future. Services of Short Duration can pay for supports, items, or services as a one-time payment, or over a designated period of time, that addresses the immediate crisis and its causes (triggers) and will eliminate or delay the risk of the person moving into crisis.

Who can receive Services of Short Duration?

People in the crisis prevention category have been determined to be at risk of crisis within one year and meet one or more of the following criteria:

- Urgent need for services;
- At serious risk of physical harm in their current environment;
- At serious risk of causing physical harm to others in their current environment;
- Living with a caregiver who is unable to provide adequate care due to caregiver's impaired health;
- Has a caregiver who is 65 years old or more;
- Risk of Homelessness within 1 year or living in temporary housing with a time limit to continue living in this setting.

What types of services/supports are funded under the Services of Short Duration initiative?

- Individual & Family Counseling
- Personal Care
- Day Care
- Specialized Equipment
- Health Services
- Respite Care
- Housing Adaptations
- Transportation
- Therapeutic Services
- Medical Equipment Purchase, Rental and Repair
- Crisis Intervention & Follow-up
- Attendant Care
- Barrier Removal
- Community Integration Services
- Employment Related Services
- Intervention Services - Other services to mediate, provide advice, and/or support the person or family to prevent future crisis or crisis reoccurrence

Here are some questions you may have:

- Who can provide the services or supports?
- Who will approve and process payments for services and supports?
- What assistance is available to identify services and supports, identify service providers, and assist with the request form?
- Where can I find a listing of current DDA licensed providers?

For answers to these and many other questions, contact your regional DDA office (see below) or visit the DDA website at (www.ddamaryland.org).

DDA Regional Office Contact Information:

Central Regional Office – (410) 234-8200 (*Anne Arundel County, Baltimore City, Baltimore County, Harford County, Howard County*)

Southern Regional Office – (301) 362-5100 (*Calvert County, Charles County, Montgomery County, Prince George's County, St. Mary's County*)

Eastern Regional Office – (410) 334-6920 (*Caroline County, Cecil County, Dorchester County, Kent County, Queen Anne's County, Somerset County, Talbot County, Wicomico County, Worcester County*)

Western Regional Office – (301) 791-4670 (*Allegany County, Carroll County, Frederick County, Garrett County, Washington County*)